

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sara Roux

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:03:00

PACE 12:36/km

OVERALL 71 of 97

GENDER 43 of 66

OPEN 22 of 30

23 June 2019, Sun

Date



